

FREE FALL PREVENTION EVENT

IN HONOR OF NATIONAL FALL AWARENESS DAY



OH, DEAR. I'VE
FALLEN AGAIN!
... "HELP!!!"

EVENT HIGHLIGHTS:

FREE ENTRY GIFTS

FREE 45 MINUTE
EDUCATIONAL
WORKSHOP

FREE FALL RISK SCREENING

KNOWLEDGE TO HELP
KEEP YOU



**STANDING
STRONG**

Proudly hosted by:



**FRIDAY,
SEPTEMBER 26, 2025**

10:30 AM

**ALL LEHIGH COUNTY
SENIOR CENTERS***

*EXCLUDING COOPERBURG SENIOR CENTER &
B'NAI B'RITH SENIOR CENTER

NO REGISTRATION REQUIRED
**FOR LIST OF SENIOR CENTERS OR MORE
INFORMATION, VISIT LEHIGHCOUNTY.ORG
OR CALL 610-782-3200**